



OT Tips for Pencil Grasp



1. Use smaller markers and golf pencils: Shorter utensils are easier to hold with little fingers.
2. Use broken crayons: Save those broken crayons! Smaller pieces will help little ones use their fingertips.
3. Pom Pom pencil trick: Tuck a Pom Pom or a small object into the palm, under the ring and little fingers. This will free up the index, middle finger and thumb to hold the pencil.
4. Write and draw on a vertical surface: Tape paper to the fridge or a wall. This will help with getting the wrist in the correct position for writing!