

Guidance Lessons- Week of April 20th

Early Childhood and Kindergarten:

This week's lesson is about careers. Typically we would be doing a unit on careers during this time of the school year. For our youngest Simbas, that simply means we talk about different kinds of jobs and what they entail.

What Do You Want to Be When You Grow Up?

Start by asking your child this question! You might be surprised by what their answer is! Children generally only know about a handful of jobs, such as teacher, nurse and police officer. You can use this video to start a conversation about some jobs that they would not think of on their own:

Video 1: ["Alphabet Occupations" - ABC Jobs Song for Kids | Learn the alphabet phonics with Jobs & Occupations](#)

Have your child draw a picture of what they want to be when they grow up. If possible, google pictures of a person with that job so your child can see the uniform and the various tools/instruments that person would use in their job.

1st Grade

Last week we looked at a story about a child's goals and dreams for their career when they get older. This week, have your child talk and draw a picture of what they would like to be when they grow up and write the sentence: When I grow up, I want to be a _____ because _____ and fill in the blanks with them.

You may also play this career guessing game with them! Just read the sentence and see if they can guess the name of the occupation.

1. I help animals stay healthy and care for them if they are sick. (veterinarian)
2. I help doctors make sure that people are healthy. (nurse)
3. I play an instrument and perform with a band. (musician)
4. If there is a fire in my community, I help put it out. (firefighter)
5. I help children learn important skills they need for life. (teacher)
6. I help people check out and pay for their groceries at the store. (cashier)
7. I make food in a restaurant. (chef or cook)
8. I can use a bulldozer and a crane at my job. (construction worker)

2nd Grade

Last week we looked at a story about a child's goals and dreams for their career when they get older. This week, have your child talk draw a picture of what they would like to be when they grow up and write the sentence: When I grow up, I want to be a _____ because _____ and fill in the blanks with them.

You may also play this career guessing game with them! Just read the sentence and see if they can guess the name of the occupation.

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3rd Grade

Hello, 3rd grade! Last week you interviewed an adult about their job. This week, I would like you to think about what you would like to do for your job. Answer the following questions to help you think about what kinds of jobs you might be interested in as you get older. We will do a follow up with this next week, so for now just circle the statements that are true about you (or write them on a separate sheet of paper if you can't print this out).

1. I like being around animals.
2. I like helping people who are younger than me, such as younger siblings.
3. I like being around babies.
4. I enjoy singing or playing an instrument.
5. I like to help fix things around the house and build structures with blocks.
6. I enjoy being outside in nature.
7. I like computer and video games.
8. I enjoy solving math problems and doing riddles or puzzles.
9. I am athletic and I enjoy physical activities.
10. I enjoy reading stories and writing about different topics.

So for now, just think about which of these statements describes you, and next week I will send you a list of some careers you might be interested in based on your answers. Feel free to email me at erika.mardock@ops.org if you have questions or want to say hi!

4th Grade

This week, let's just start to look for answers to some of the questions you came up with about your career of interest last week. For example, let's say you said you want to work in a restaurant. How can you find out the answer to the question: How much money do cooks make? If you have internet access, google the questions you have and see what answers you can come up with. If you do not, try asking an older sibling or adult in your family to help you answer some of your questions. Then record the answers in the last section of the chart I asked you to make last week.

<i>Career:</i>		
What do I know?	What do I want to know?	What have learned?

Feel free to email me at erika.mardock@ops.org

5th Grade

Hello, 5th grade! Last week I asked you to come up with a list of things you were grateful for each day. If you were able to do that, did it help you in any way? Did you notice a change in your mood or a shift in your perspective? This week I want us to begin looking forward to

starting middle school next year. I wish we would have had time to do this in person! Please write a journal entry that responds to the following prompts:

1. I am looking forward to middle school because.....
2. I am nervous about middle school because....
3. I think middle school will be different than elementary because....
4. One goal I have as a 6th grader is....

You can reach me at erika.mardock@ops.org. Stay safe, I miss you guys!