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Week: April 20, 2020

Technology

EPIC

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We sure are missing you this week! Check out below for your weekly activities and lessons. Email us if you have any questions. Don't forget to read 20 minutes each day!

Love,

Mrs. Brockman, Mrs. Blach, Ms. Nielsen, Mrs. Washka

Topic: BIRDS



Topic: BIRDS Monday

Reading

Suggested time each
day
30 min

Learning Target: I can listen to a story and learn that owls are birds.

Activity with technology: On *Youtube.com* - Listen to the story **Little Owl's Snow-** Read Aloud by Brightly Storytime



Activity:

Review parts of an owl with your child.

Math

Suggested time each
day
20min

Learning Target: I can use one on one correspondence to count the number of eggs in a nest. I can use my number sense to know what each number looks like.

Activity with technology: Here's a little video on counting eggs to watch before doing the activity
<https://www.youtube.com/watch?v=kuA-NCM5xL4>

Activity: Pretend that a bowl is a birds nest. Ask your child to be a mommy bird and count their eggs each time you put a secret amount in the bowl. Demonstrate how they would use their finger to point to each egg while they count. If you would like to do more with this have them then write the number of eggs in their bowl. Do this for many different numbers focusing mostly 1-10.

<p>Writing</p> <p>Suggested time each day 15 min</p>	<p>Learning Target: I can use my fine motor skills to draw and label a picture.</p> <p>Activity with technology: Go to https://www.sciencelearn.org.nz/resources/303-how-birds-fly and look pictures of different birds wings. Then follow lesson below.</p> <p>Activity without technology: Discuss how all birds have wings and how not all wings look the same but many have the same function. Ask your child where they would fly to if we had wings. Have your child draw a picture of themselves with wings. Help them label their picture by writing the word wings by their own wings.</p>
<p>Science/ Social Studies</p> <p>Suggested time each day 20 min</p>	<p>Learning Target: I can recreate a bird's nest.</p> <p>Activity with technology: Go on a nature walk. Look in the trees and observe birds nests you see. Talk about what they are made of and collect items you see on the ground. Grab sticks, grass, ect. When you get home write down the things you found on your walk. Compare it to the story "The Best Nest" and other items birds could use for their nests.</p> <p>Where to learn: Story: https://www.youtube.com/watch?v=D40oPf8hIAA</p>



Topic: BIRDS Tuesday

Reading

Suggested time
each day
30 min

Learning Target: I can write my name and do physical activities by following given directions.

Activity: Have your child write their name on a piece of paper. Then with each letter in their name, have them do the given activity behind each letter. For more fun, have them do the activities in friends and family member names.

SUPER FUN EXERCISES FOR KIDS

Fit activity for kids what's your name!

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

- | | |
|---|--|
| A jump up & down 10 times | N pick up a ball without using your hands |
| B spin around in a circle 5 times | O walk backwards 50 steps and skip back |
| C hop on one foot 5 times | P walk sideways 20 steps and hop back |
| D run to the nearest door and run back | Q crawl like a crab for a count of 10 |
| E walk like a bear for a count of 5 | R walk like a bear for a count of 5 |
| F do 3 cartwheels | S bend down and touch your toes 20 times |
| G do 10 jumping jacks | T pretend to pedal a bike with your hands for a count of 17 |
| H hop like a frog 8 times | U roll a ball using only your head |
| I balance on your left foot for a count of 10 | V flap your arms like a bird 25 times |
| J balance on your right foot for a count of 10 | W pretend to ride a horse for a count of 15 |
| K march like a toy soldier for a count of 12 | X try and touch the clouds for a count of 15 |
| L pretend to jump rope for a count of 20 | Y walk on your knees for a count of 10 |
| M do 3 somersaults | Z do 10 push-ups |

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - WWW.THEYBELL.COM

Math

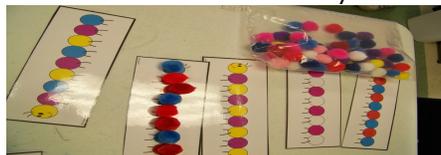
Suggested time
each day
20min

Learning Target: I can use manipulatives to make patterns.

Activity with technology: Here's a little video on patterns to watch before doing the activity below.

<https://www.youtube.com/watch?v=MBjixSx45-Q>

Activity without technology: Have your child pretend they have feathers (ideas for feathers: fmake out of different colored paper, pipe cleaners, straws, crayons, anything you have around the house. Have your child start small with an AB pattern. We explain to our students that a pattern never stops it keeps going and going so an AB pattern would be like this: red, blue, red, blue, red, blue, red, blue and on and on. Keep making new patterns like ABC, AAB, AABCC and as hard as you would like to make them.



Writing

Suggested time
each day
15 min

Learning Target: I can use my fine motor skills to draw and label a picture.

Activity: Review wings and that wings make it able for most birds to fly. Have your child draw a picture of a bird flying in the sky. Make sure to encourage them to add details that would show that the bird is indeed in the sky, such as a rainbow, clouds, or the sun. Help them say the beginning sound or sounds that they hear for objects in the picture and write it down.

Science/ Social Studies

Suggested time
each day
20 min

Learning Target: I can use my knowledge to determine what would be a good place for a bird to build their nest.

Activity with technology: Discuss different homes for wild animals and why it makes sense. Birds live up high because they fly (stay safe) Bunnies homes are underground because they cannot climb (safe). Ants live underground (safe). Go on another nature walk and talk about different places different animals live and why they might live there.



Topic: BIRDS Wednesday

Reading

Suggested time
each day
30 min

Learning Target: I can listen to a story and identify things in the story that are wacky.

Activity with technology: On *Youtube.com* read **Wacky Wednesday** Read aloud by Dr. Seuss.

Activity: Have your child draw a wacky picture and show you all of the things in their picture that are wacky. Be sure to hang their picture in the house somewhere.

Math

Suggested time
each day
20min

Learning Target: I can use a non-standard unit (egg or feather) to measure items around my house.

Activity with technology: Here's a little video on measuring with non-standard tools to watch before doing the activity below. <https://www.youtube.com/watch?v=-aU0f6ajtJE>

Activity without technology: Use an egg, feather, paper egg cutout or anything you can get your hands on around the house. Teach your child how to measure how many long an item is like a book. Line the measurement tool (feather or egg) up and then move it along counting each time you move it. The book is 2 feathers long. Then find other things around the house to measure in feathers. They might even want to measure how many feathers long you are.

This picture is of a boy measuring how many gloves long he is.



Writing

Suggested time
each day
15 min

Learning Target: I can use my fine motor skills to make words associated with birds.

Activity: Using play dough, have your child form the letters to make words associated with birds, such as bird, egg, beak. This is a great activity to help build up strength in hands. Here is a recipe to make play dough if you do not have any at home or feel free to web search for other recipes. There are even edible recipes available online!

No Cook Play Dough Recipe

One-cup cold water

One-cup salt

Two-teaspoons vegetable oil

Two tablespoons cornstarch

Three cups flour

Tempera paint or food coloring (amount added varies depending on depth of color you are wanting.)

Mix together the water, salt, oil and the paint or food coloring.

Gradually work in the flour and cornstarch until you get the consistency of bread dough.

Here is a recipe for Bird Seed Play Dough

Birdseed

2 cups flour

1 cup salt

Water

Mix flour, salt and the birdseed with enough water to make play dough texture.

*****IF YOU CHOOSE TO MAKE THE BIRDSEED PLAY DOUGH, DO NOT FEED IT TO BIRDS WHEN YOU ARE DONE. THE SALT ADDED TO THE RECIPE CAN BE FATAL TO BIRDS!!!*****

Science/ Social Studies

Suggested time
each day
20 min

Learning Target: I can compare two places and tell you the differences.

Activity with technology: Talk about the home you live in and the things you have to make you comfortable. (Roof, walls, refrigerator, heating and air) Birds- Sticks, mud, leaves, trees. Talk about the similarities and differences.

Reference: <https://www.youtube.com/watch?v=KuR2rq-itxE>



Topic: BIRDS

Thursday

Reading

Suggested time
each day
30 min

Learning Target: I can match uppercase letters with their lowercase letters.

Activity: Using plastic Easter eggs, write the uppercase letters on the top of the eggs and the lowercase letters on the bottom of the eggs. After taking the eggs apart, have your child match the uppercase letters with the correct lowercase letters.

Math

Suggested time
each day
20min

Learning Target: I can tally marks to record the different types of birds I see.

Activity with technology: Here's a little video on tally marks to watch before doing the activity below.
https://www.youtube.com/watch?v=P_UZiA_oxaY

Activity without technology: Make a tally chart similar to the one below. Go for a walk, car ride or just watch outside and find birds of different colors to keep track of. The chart below they picked two different types of birds and kept track each day of the week. You can pick colors of birds, types of birds, any other ideas you have. You can chart for a week or just a short while.

Bird Count	
	Sparrows Robins
Friday	
Thursday	
Wednesday	
Tuesday	
Monday	
	 

Writing

Suggested time
each day
15 min

Learning Target: I can use my fine motor skills to write words associated with birds.

Activity: Pour corn meal, sugar, or flour onto a tray or cookie sheet. Have your child write the words associated with birds, such as nest, bird, wing, or even their own name. Just gently shake the tray after each word to reset. Have them say the name of each letter as they are writing them. Have fun!

Science/ Social Studies

Suggested time
each day
20 min

Learning Target: I can look at parts of the bird and discuss why it helps them fly.

Activity: Ask your child if they have seen a bird fly and record where.

*Discuss how the wings of the bird are like that of an airplane.

*Discuss different type of wings, big-broad, short, small.

*Discuss how birds can take off and fly. (The pressure between the top of the wing and the bottom of the wing is the lift, which causes the bird to rise. Then thrust is when they push their wings down to get the fast air on top of their wings to speed up which is when the lift takes place.

*If you have a balloon, blow it up and let it go to show air pressure.



Topic: BIRDS Friday

Reading

Suggested time
each day
30 min

Learning Target: I can go on a walk outside and identify objects on my list.

Activity: Go on a walk with your child and look for each item on your Nature Walk list. Have your child circle "yes" if they see the item or "no" if they don't see the item on your nature walk.

Nature Walk

Look for each object, circle yes if you find it or no if you don't.

 tree yes no	 butterfly yes no
 flower yes no	 worm yes no
 tracks yes no	 bird yes no
 bee yes no	 leaf yes no
 acorn yes no	 web yes no
 spider yes no	 squirrel yes no

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Math

Suggested time
each day
20min

Learning Target: I can use my number sense to make an estimate. I can count how many eggs I pick up and compare it to my estimate.

Activity with technology:

<https://www.youtube.com/watch?v=ZJFk87ZsHn0> This is a fun song/exercise video on picking up!

<https://www.youtube.com/watch?v=gEstq1e1Qrc> This video is a song to show how long a second, minute and an hour are. After watching do the below activity!

Activity without technology: How fast can you pick up? Use real, paper or fake eggs (or anything you have around the house) and ask your child how fast could you pick that up. Get out a clock or stopwatch and time them picking up the items. I would start small and keep adding to keep interest. For example, how many seconds will it take you to pick up 6 eggs. The child guesses 6 seconds. Time them and tell them their results. If you would like to join in the fun time yourself this makes a great game for kids. Keep doing this for different amounts.

A switch to this game would be to have a bunch of eggs and ask them who can pick them all up the fastest.

Time yourself and then time them. You may be amazed at how your little one can actually pick up if motivated 😊!

Writing

Suggested time
each day
15 min

Learning Target: I can use my fine motor skills to write my numbers from 0-10.

Activity: Have your child write or trace their numbers from 0-10. Have them use different writing tools, such as crayons, markers, or pencils to add to the fun if available. Have them say each number as they are writing them. When they are done, have them circle the number that tells how old they are.

Science/ Social Studies

Suggested time
each day
20 min

Learning Target: I can see how soap helps wash away germ.

Activity without technology: Get a bowl of water and have the child shake pepper into the water. Ask them to dip their hand in the water and see what happens. (the pepper will stick to your hands, now talk about how germs stick to use and we need soap to was that away) Now have your child dip their finger in soap and then into the bowl. You will see the pepper “run away” from the soap. Now have them practice washing their hands in the sink for 20 secs. Sing happy birthday 2xs.

Where to learn: